



OZARK ROCKS TRIP INFORMATION

Thank you for joining us for the Ozark Rocks Trip! This trip is designed to highlight many of the fourth grade science curricular topics and will extend learning beyond the classroom by providing an active and engaging experience for both parent and child.

This packet will give you information about what to expect and what to pack as well as departure and return information.

What should we to expect? The beautiful countryside of the Ozark Region and the St. Francois Mountains contain hills, valleys, rocky trails, large springs and rivers. You should be prepared for light hiking on uneven surfaces. Hikes can range from a ½ mile to 3 ½ miles. All hikes are part of planned activities such as a Naturalist led tour at Johnson Shut-Ins, family time at Elephant Rocks and activity stations along the St. Francois River. Each activity will be described in detail before it is started so that you can choose your level of participation and be prepared for what you will see and experience. Instructors will be there to help lead hikes, teach activities and assist with any needs you may have.

Where will we be staying? We will spend the night at Camp Sherwood Forest in Leasburg, MO. You will be housed in heated, rustic cabins featuring attached bathrooms and shower facilities. Cabins sleep about 12 and you and your child will have a choice of accommodations based on gender and preference. Sleeping options include: mother/daughter, mother/son, father/son, and father/daughter. All meals are served family-style in the dining hall. *Please contact me if you have any special dietary needs.*

Departure Information:

Please plan to arrive at the Community Education Office, (1401 Froesel, Ellisville, MO 63011) for check-in between 7:30–8 a.m. on Saturday morning. Please eat breakfast before arriving for trip departure. Upon arrival, bring your luggage to the bus to be checked-in and meet me and the other instructors. Buses are scheduled to depart from the parking lot at 8 a.m. Please make sure that any cars that are left at Community Education overnight are parked in the designated area with valuables locked out of sight.

Return Information:

Buses are scheduled to return to the Community Education Office in Ellisville around 5:00 p.m. on Sunday. This is an approximate arrival time; actual arrival time will depend upon several factors, including traffic.

Follow us and share your pictures!

Twitter: @prtrekntravel

Facebook: Parkway-Rockwood Trek and Travel

Instagram: @prtrekntravel

Emergency Contact Information:

Phone service will be spotty in the Ozark Region. If there is an emergency and you cannot get a hold of the trip participant you are trying to reach, please contact Heather May, Babler OEC Supervisor at 314-675-0017. If there is no answer, contact Michael Seppi, Director of Community Education at 314-548-9280.

Ozark Rocks Schedule

Saturday

- 8:00 Depart Ellisville
- 9:30 Arrive at Elephant Rocks
 - 30 min lesson on Elephant Rocks though time
 - Explore!
- 12:00 Lunch
- 1:00 Choose your adventure at Johnson Shut-Ins
 - Hike the Shut-Ins trail- 2.25 miles
 - Hike the Scour trail- 2 miles
 - Explore the Shut-Ins- .25 miles
- 4:30 Arrive at Camp Sherwood Forest and move in
- 5:45 Dinner
- 7:20 Campfire
 - Songs & stories
 - S'mores
- 8:00 Night hike- .5 miles
- 9:00 Quiet time

Sunday

- 8:00 Breakfast
- 10:00 Arrive at Millstream Gardens
 - Hike along the St. Francis River- 3 miles
 - Geology lesson at Tiemann Shut-Ins
- 12:00 Lunch- on trail
- 2:30 depart
- 5:00 Return to Ellisville

Electronics and Snacks:

The motor coaches are equipped with TVs and the trip staff will select family appropriate movies to show as we travel. In addition, participants are welcome to bring electronics on the bus for entertainment during the ride. We suggest that you leave these items on the bus, which will remain locked while we are away, so that each member of this trip can fully immersed in the experience. Participants are welcome to bring additional food and snacks on the trip but we ask that you leave it on the bus to avoid attracting animals and reduce litter.

Cancellation Policy:

The following cancellation fee has been put into place to provide flexibility for families due to unforeseen circumstances while allowing us to maintain our ability to meet the district requirement that all trips are self-funded and fees cover the cost for all expenses:

- All cancellations made more than 45 days prior to the trip will be refunded in full, minus a \$15 processing fee.
- Full refunds, minus a \$15 processing fee, for cancellations made 45 days or less prior to the trip are not guaranteed unless we are able to place another pair on the trip as a non-refundable deposits has already been submitted for transportation and lodging. If we are not able to place another student on the trip, you will receive a maximum refund of \$125 (exceptions may be made for emergency and/or documented medical reasons).
- Any cancellation on our part will result in a full refund or a credit for any future Community Ed Program.

Questions?

Please contact Kevin Zimmer with questions regarding your trip at zimmerkevin@prcommunityed.org or call 636-299-0513.



OZARK ROCKS PACKING LIST

What to Bring Per Person:

- A sleeping bag and pillow
- A twin/single bed sheet
- A towel and washcloth for showering
- Toiletries: Soap, comb/brush, toothbrush, toothpaste, etc.
- 1 pair of shorts during warm weather (pants are recommended for hiking)
- 1 shirt per day
- 1+ sweater/sweatshirt/fleece
- Warm coat, gloves and hat (as needed)
- 1+ pair of socks per day (wool socks recommended)
- 1 pair of underwear for each day
- 1 pair of sneakers
- 1 pair of comfortable sturdy shoes or boots for hiking. (All shoes should be broken in - nothing brand new!)
- 1 daypack/knapsack (can be shared)
- 1 water bottle with tight fitting lids, at least 32 oz. capacity
- Quality rain gear—rainsuit or poncho
- 1 pair of old shoes for getting wet
- Camera
- 1 notebook/journal and pencils
- Magnifying glass
- Compass
- Slippers or flip-flops for use in cabins
- Flashlight
- Snacks, food, gum or candy: If you choose to bring any snacks for the bus, please put them in a Ziploc with your name on it. They will be locked on the bus for the time we are at Camp Sherwood (food can attract insects and other animals to buildings).

PLEASE LABEL EVERYTHING WITH YOUR NAME!